



SATURDAY
SEPTEMBER 28, 2024

9:00 - 2:30 PM

In Person

PROVIDED AT NO COST

If you have been diagnosed with prostate cancer or care about someone who has, Wellness House welcomes you to our annual Hot Topics in Prostate Cancer Event. Join us to learn from top oncologists, surgeons, and healthcare professionals in the Chicago area.

A light breakfast and lunch will be provided.

Updates in Prostate Cancer Treatment & Research Panel Presentations | 9:00 - 11:00 am

9:00 - 9:30

Updates in Surgical Oncology

Abhinav Sidana, MBBS, MPH, Urologic Oncologist,
UChicago Medicine

9:30 - 10:00

Updates in Radiation Oncology

Patrick Sweeney, MD, Radiation Oncologist,
Radiation Oncology Consultants

10:00 - 10:30

Updates in Medical Oncology

Syed Mohi Ahmed, MD, PhD, Medical Oncologist
Northwestern Medicine and Song Jiang, MD, PhD, Urology,
Northwestern Medicine

10:30 - 11:00 Q&A with Physician Panel

**REGISTRATION
REQUIRED**

Scan the QR code or
call: 630.323.5150



11:15 am - 12:15 pm

Healthy Living After Prostate Cancer:

Side Effects and Reducing Risk of Recurrence

Michelle Smekens, ND, FABNO, LDN

Naturopathic Cancer Support & Family Medicine

Breakout Sessions (choose one)

1:00 - 2:30 pm

Rebuilding After Cancer:

The Benefits of Pelvic Floor Therapy

Amber Kline, PT, DPT

ARC Physical Therapy

Ask the RD:

Nutrition Recommendations for Prostate Cancer

Angela Dennison, RD, LDN

Wellness House

Caring for the Caregiver

Ellen Nieman, LCSW

Wellness House

Wellness House | Main Location
The Kay & Mike Birck Home of Hope
131 North County Line Road
Hinsdale, IL 60521
wellnesshouse.org